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NEWSLETTER



US television channel CNN has ranked Uganda as one of the best destinations to visit in the year 2023.

According to CNN, it would be a missed opportunity if a traveler didn't visit Uganda which has a lot to offer.

From the expansive shores of Lake Victoria to the snowy Rwenzori Mountains, Uganda is a beautiful wilderness playground, with opportunities for adventure including treks through the Bwindi Impenetrable Forest or up to the craters of the Virunga volcano chain or whitewater rafting along the Victoria Nile," CNN says.

There's also an emphasis on connecting visitors with Ugandan communities – promising tastes of Ugandan food, music and culture. Last year saw the launch of the Uganda Cycling Trail, a 1,600-kilometer mainly unpaved 22-stage route designed to appeal to all levels of cyclist from hardcore solo bikepackers to fully-guided easy riders. CNN says there is considerable change brewing in Uganda's travel offerings at the moment with the country christened the pearl of

Gorilla Trekking necessities

- 1 – 2 pairs of lightweight trousers/slacks
- 1 Pair of shorts
- 1 – 2 sweat proof long sleeved shirts
- 1 – 3 sports / long sleeved shirts and/or Tops
- Sunscreen and moisturizing cream
- Sunglasses with neck strap
- Camera with extra lenses
- Spare / extra batteries
- Extra Camera charger/converter
- Personal toiletries / Wet-wipes / tissues
- Prescription medicines
- plastic bag (if needed)/ dry bags and other plastic bags for keeping valuables

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Everything Magnificent about Uganda

Africa now looking beyond the traditional staples of safari and wildlife spotting to appeal to both regional and international visitors

They say apart from offering wealthy visitors a glimpse of the Big Five beasts or mountain gorillas, Uganda has turned to marketing its other unique attributes.

Realigned identity

Uganda recently realigned its identity as the most ideal travel destination in the world not for just tourists but travelers in general to experience the uniqueness and diversity the East African country offers.

“Uganda is indeed the pearl of Africa because of the diversity. There is uniqueness about Uganda in terms of diversity that we have. We might have them in smaller quantities but we have everything else the world has. We want travelers to know that Uganda is a destination of value for money,” Uganda Tourism Board CEO, Lilly Ajarova said recently.

“Uganda has 54% of the remaining world’s mountain gorilla population and with that position we pride ourselves as the key destination for mountain gorilla experience. Beyond that in terms of primates, we have more primate species than any other destination in the world. We have some of the very unique features in the world which make us the best destination for any traveler.”

Uganda has also presented itself as the best destination for hosting international conferences, meetings and events



Bwindi Impenetrable Forest: Uganda’s treasure for Gorilla Safaris

Uganda is a beautiful country with an impressive number of destinations to visit for your vacation in Africa and with lots of tourist attractions. Though on books, this landlocked country may not be so popular, those that have tried a number of countries in Africa can stand with me that it is a no waste of time to visit Uganda. When it comes to primates, Uganda has the largest concentration of these species that anywhere else in the world. Bwindi Impenetrable Forest National Park is undoubtedly the most popular destination in Uganda to the world as it offers a gorilla safari experience that is better lived than narrated. The best place to see mountain gorillas not only in Uganda, but also in the world.

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Gorilla trekking in Uganda

Not less than half the world's population of an estimated 1050 mountain gorillas have sanctuary

here. Gorilla tracking is limited to small groups of 8 people per gorilla family and the licenses are issued to ensure minimum disruption to the routine of the animals. Tracking the gorillas is an arduous task and you should be prepared for up to 3 – 8 hours of hiking.

A gorilla permit costs \$700 per person and if you need to spend more time with these humble giants, there is a window for Gorilla habituation experience that costs \$1500 per person. Tracking Gorillas in Bwindi is done in four different sectors in the park; Ruhija, Buhoma, Rushaga and Nkuringo. Good physical condition is a must. You are advised to make arrangements 4-12 months prior to the date of your visit. Bwindi is essentially a rain forest and it is necessary to bring along a raincoat, walking boots and gloves.

About Mountain Gorillas

Gorillas like human are curious, they can be bored, bold, annoyed, have pleasure, excited, afraid, can worry, show affection, be thoughtful and they can be hostile. Gorillas like to study people to see if they are friendly. They are classified in the Mountain Gorillas and the Lowland Gorillas that are further classified into the western and Eastern lowland.

Mountain gorillas are threatened primate species in the world with the remaining living in Africa in only 4 National parks of the 3 countries of Uganda (Bwindi Forest and Mgahinga), Rwanda (Volcanoes) and Democratic Republic of Congo (Virunga). There are no Mountain Gorillas living outside of their native mountain forest home

Their way of life

Gorillas live in groups / families without territorial boundaries but with family's range from 2 to 15 square miles. The females decide who they are going to allow into their family. If a gorilla wants to join another group and the females do not want her in, they will scratch her in the face and keep her out. If a female wants to leave a group to find a male she likes better, but the other females like her very much, they will grab her by the legs and not allow her to leave.

Female gorillas weigh approximately 350 pounds and adult male gorillas can weigh approximately 700 pounds. Adult gorillas can be seven feet tall with an arm span of 8 feet

